

2005

# Wayne County Health Department Annual Report



The Mission of the Wayne County Health Department is to prevent disease, promote healthy behaviors and provide a safe environment in our community.

301 North Herman Street  
Goldsboro, North Carolina

## Message from the Health Director



It is my pleasure to thank the staff of the Wayne County Health Department for a great year. Wayne County is blessed to have such a wonderful group of dedicated and caring employees working in public health. Our priority is the health of Wayne County residents. Our task is to make sure our public health system identifies the health needs of the community and that we have the capacity to respond to those needs efficiently and cost effectively. I am thankful that our Board of Health actively represents and advocates for the citizens of Wayne County.

Public health in our nation has been tasked with preparing a response in case of widespread communicable disease outbreaks. The threat of bioterrorism, SARS and pandemic flu has spurred the development of plans for mass vaccination, rapid detection of disease and the training of public health staff.

At the same time, we must fulfill our commitment to providing critically important preventive medical services to people that depend on us for prenatal care, WIC, dentistry, family planning, cancer prevention, and communicable disease treatment. Our community depends on us for health education, laboratory support and ensuring safe food and a safe environment.

I am very proud of the can-do attitude of our staff to ensure that public health is "Everywhere, Everyday and Everybody."

James Roosen, RS, MPH  
Health Director

## 2005 BOARD OF HEALTH

The Board of Health is the policy and rule making body for public health in Wayne County. The board sets fees, examines health policy and brings concerns of the community to the attention of the health director. Several professions represent a Board of Health in North Carolina including a physician, an engineer, a nurse, a pharmacist, a dentist, a veterinarian, an optometrist, three representatives from the general public and a county commissioner.

Accomplishments of the Wayne County Board of Health:

- Enacted a policy that restricts smoking on the health department grounds. This is important because cigarette smoke is a carcinogen and many patients and staff do not wish to be subjected to tobacco smoke
- Increased the "Abstinence Essay" by making personal contributions to the contest prize fund
- Advocated for the re-fluoridation of the Goldsboro water supply. As a result of this request, the North Carolina Division of Environmental Health will conduct a study to determine the risk of fluoridation and lead leaching for city residents

## 2005 BOARD OF HEALTH MEMBERS



CYNTHIA WILEY, DDS  
Chairperson  
Dentist Member



JEFFREY KORNEGAY  
Co-Chairperson  
Engineer Member



EFTON M. SAGER  
Board of County  
Commissioner



DR. TERRY FRAZIER  
Veterinarian Member



STEVEN SMITH  
Public Member



CHARLES GIBSON  
Pharmacist Member



DONNA F. EDMUNDSON, RN  
Registered Nurse Member



MICHAEL GOODEN, MD  
Physician Member



IRA THIGPEN  
Public Member



MARK BRYAN  
Public Member



T. GIBSON BLACKMAN, JR.  
Optometrist Member

## HEALTH DIRECTOR ADMINISTRATION



Health Director Administration is responsible for fiscal and human resource functions as well as providing clerical support to each program and service provided by the department.

Responsibilities include:

- comprehensive support for the office of the Health Director and Board of Health in their policy, leadership, and administrative duties
- record citizen complaints and elicits useful details for problem resolution
- maintain policies and procedures of the Health Department
- assist Director of Health Education as needed
- coordinate Board of Health and Community Child Fatality Prevention Team meetings
- maintain yearly contract update with agencies and individuals who have a business relationship with the Health Department

## MEDICAL CONSULTANT



Dr. Kenneth Wilkins is the Health Department's Medical Consultant and has worked for the Health Department since 1991. Dr. Wilkins gives clinical supervision for the Physician Extenders and Family Planning Practitioners, provides medical consultation, reviews and approves standing orders, clinical policies, written, as well as verbal instructions for physician's extenders, registered nurses and/or other health care professionals, reviews medical records and provides consultation examinations with Family Planning and Maternity clients. Dr Wilkins also sees male STD clients and consults with other STD clients in the STD clinic. Prior to working at the Health Department, Dr. Wilkins had his own private OB/GYN practice.

## ADMINISTRATION

Administration deals with the business aspects of providing public health services. This section provides the financial and human resource support for public health. Monitoring revenues and expenditures, meeting payroll deadlines, HIPAA compliance and performing financial analysis are all vital functions of the administrative staff.

The health department budget for fiscal year 2004-2005 was \$7.1 million and for 2005-2006 it has been approved at \$7.2 million. The purchase of cars for Environmental Health and for Voice over IP equipment

are major capital expenditures for the 2005-2006 budget year.

During fiscal year 2005-2006, our administrative staff has implemented a merit based pay system for the health department.

Some notable changes in this program are that Vicky Hill, Administrative Officer has transferred to the Department of Social Services and Ken Stern has been hired to take her place. Ken has several years experience with administration with the state government and is a retired Air Force Senior Master

Sergeant.

Another change is Mamie Chase, Accounting Technician. Mamie has retired after 34 1/2 years of Public Health service.

Ken Stern  
Administrative Officer







## **NURSING ADMINISTRATION**

The nurse administrators at the Wayne County Health Department are Evelyn Coley, RN Director of Nursing and Betty Richardson, RN Public Health Nurse Supervisor. Nurses are the backbone of the public health system and provide an array of preventive, education and treatment interventions. Nurses receive specialized training and education to fulfill job requirements. Nursing Administrators recruit, train and maintain a competent Public Health Nursing work force. It is estimated the cost to recruit and train a public health nurse is almost \$25,000 for a local health department. In light of the nursing shortage and the cost for training it is clear public health nurses are a valuable resource.

Our nurse administrators supervise a nursing staff of 38 nurses which includes Licensed Practical Nurses, Registered Nurses and Nurse Practitioners. Their job is to assure the effective utilization of nursing staff to meet long range planning goals and the day-to-day operations of the health department. Nurse administrators develop and implement nursing protocols, assure staff achieve and maintain appropriate training, competency and certification. Notable achievements for this year are:

- Planned and directed an expansion of the health department facility that has increased patient privacy and comfort
- An emphasis on cross-training nursing staff so nurses can work across a broader range of clinics. This improves customer services, reduces costs and increases job satisfaction
- Planned, directed and implemented a mass vaccination clinic that vaccinated over 1,600 Wayne County residents in one day
- Developed and implemented program and staff performance standards
- Implemented Pharmacy Staffing by Nurse Dispensers

Evelyn Coley, RN, BSN, MSA  
**Director of Nursing**

## CLINIC SUPPORT SERVICES

People are surprised to learn that the health department bills insurance and patients for services. Billing is done on a sliding fee scale according to a person's ability to pay. Billing for services decreases the necessity for additional tax dollars to support public health programs. Approximately 30% of our revenue comes from charges for services. To insure continuation of this very important revenue stream, our billing staff must understand the complexities of billing private and public insurance and how to collect patient fees. Notable accomplishments for billing:

- Collection of \$77,800 from the debt set-off program in 2005
- A very low rate of denials for Medicaid billing
- Investigation of alternate ways to dispose of protected health information which will save the county money

Kathy Smith

Manager



Program

## VITAL RECORDS

Vital records monitors births and deaths in Wayne County. This unit makes sure that these statistics are reported accurately and timely in Wayne County. For 2004 the following statistics were recorded:

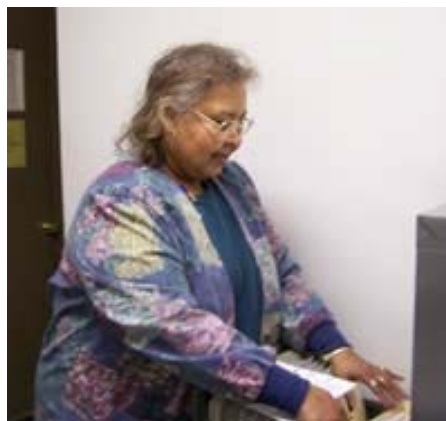
Births: 1,473

Deaths: 1,135

Fetal Deaths: 13

**Medical Record Examiner Cases: 147**

Kathy Smith  
Program Manager



## MEDICAL RECORDS

The Medical Records unit follows state laws concerning the storage, confidentiality, disbursement and destruction of medical records created at the health department. Employees in this unit are trained with protecting patient's privacy under the Health Insurance Portability and Accountability Act (HIPAA) and state privacy laws. The staff in this department retrieves over 360 records on a daily basis for patient services. A challenge that this unit will have to meet next year is the electronic storage of records because of space constraints.

Kathy Smith  
Program Manager



## TRANSLATION SERVICES

The Wayne County Health Department employs 6 Spanish language interpreters to comply with federal law and more importantly to accurately provide excellent medical care to Spanish speaking patients. A high percentage of family planning, prenatal and dental patients are Hispanic and approximately 17% of births in Wayne County are to Hispanic families. Interpreters assist practitioners and clerical staff with making sure non-English speaking patients have access to medical care.

Kathy Smith  
Program Manager





# PHARMACY

The Wayne County Health Department Pharmacy provides pharmaceutical care to the clients who have received services at WCHD clinics and present a prescription written by one of the WCHD prescribers.

During 2005, the WCHD Pharmacy filled over 14,000 prescriptions. Pharmaceutical services were offered in the following categories:

- Contraceptive hormones and devices for Family Planning clients
- Prenatal Vitamins and Iron products for Maternity clients
- Antibiotics for treatment of common infections and sexually transmitted diseases
- Fluoride, Vitamin, and Iron products for children
- Topical products for treatment of lice, scabies and other topical infections
- Medications to provide prophylactic therapy and to treat active cases of tuberculosis

Charlie Wilkins  
Pharmacists



# BIOTERRORISM

Health Departments in North Carolina and in the United States have been tasked with preparing for widespread epidemics that could occur naturally, such as avian flu and preparing for the possibility of an attack against our nation using biological weapons. The Wayne County Health Department received \$69,434 in 2005 for preparedness funding. This funding expands already existing activities conducted by health departments such as surveillance, mass vaccination and epidemiological investigations. In addition we have used the funding to enhance our lab capacity, train staff, develop and exercise response plans and purchase computer equipment.

Some accomplishments this year:

- Exercised the mass vaccination portion of the response plan during an event that vaccinated 1,620 people with the flu vaccine
- Participated in a county-wide exercise that simulated a pneumonic plague event
- Began training of key staff members in the National Incident Management Systems (NIMS). NIMS training will ensure that health department staff are able to coordinate a public health response with all agencies involved during an emergency

David Hesselmeyer  
PROGRAM MANAGER



## CHILD HEALTH

The Child Health Program Nurses provide physical and developmental assessments to children, ages 2 months to 21 years, to identify and eliminate potential health problems for infants and children. Preventive health services are focused on providing children with the maximum opportunity for maintaining and improving their general health. During 2005, 255 children were screened through the Child Health Clinic.

The Lead Program is a coordinated effort of the Child Health, Laboratory and Environmental Health Divisions. Elimination of lead poisoning sources helps to prevent mental retardation and learning disabilities.

The Wayne County Health Department also provides a regional orthopedic screening clinic whose primary purpose is for the diagnosis and follow up of musculoskeletal conditions. The clinic is staffed by pediatric orthopedists from Duke University Medical Center, physical therapist and orthotic vendor. A total of 220 visits were made to the Orthopedic Clinic during 2005.

The Child Health Department also has a Sickle Cell Coordinator who follows up on newborns and children diagnosed with sickle cell trait. A State Regional Sickle Cell Coordinator conducts monthly classes at the Health Department for those people desiring education regarding sickle cell trait or disease.

Nutritional education is also conducted in Child Health. Integrating these services seeks to address the health needs of the whole child.

Patsy W. Spear, RN  
Program Manager



## HEALTH SERVICE TEAM

The goal of the Health Services Team is to enhance school readiness for pre-school age children, ages 0-5 years, so they will be more prepared to learn once they enter school. The team serves as a referral source for children identified with health/developmental problems, and those with no health insurance or medical provider.

The team focuses on prevention through health education and early identification of health or developmental problems. The Child Care Health consultants provide vision, hearing, dental, and developmental screenings, and are also available for

consultation with the childcare provider and parent/guardians. The team also provides on-site health and safety assessments in the child care facility and works with the childcare provider and Environmental Health staff to ensure the safety of the children and the childcare providers.

In addition, the Health Services Team provides the child care providers and the parents/guardians education and training on health, safety, and disease prevention. Meeting the health and developmental needs of the children of Wayne County through early detection and referral will help prepare them to succeed in school.

Patsy W. Spear, RN  
Program Manager





## CHILD SERVICE COORDINATION

The Child Service Coordination (CSC) Program is a statewide program that was established in 1990. All Wayne County children less than five years of age who are diagnosed with a developmental delay, disability, chronic illness, social-emotional disorder, or who are at risk of developing these problems are eligible for the program. Anyone in the community can refer a child to the program. CSC is based on medical or social needs and not family income, and provides a valuable service by linking families to

medical and social services.

- YTD, the program provides 4,164 case management services to 530 children due to risks such as poor parenting skills, substance abuse by parents, pre-maturity, developmental delays, and congenital malformations.
- Every Christmas the program works with St. Mary's Church/School to provide for our children and siblings who otherwise might not have

gifts for Christmas. This year our social workers hope to deliver gifts to 268 identified children.

This year, Program Manager, Nina Silverthorne, retired after serving the people of Wayne County and the WCHD for thirty years. Debbie Wyatt has taken over as manager of the program.

Debbie Wyatt  
Program Manager

## HEALTH CHECK COORDINATION

The Health Check Coordination Program is a Division of Medical Assistance funded service that assists families with Medicaid-eligible children from birth to twenty-one years of age in making doctor and dental appointments, arranging transportation and making referrals for other health and social services.

- Monitor inappropriate emergency room visits

for Medicaid clients and provide outreach to educate parents and redirect them to medical providers

- YTD, the Health Check Coordinators have made 8,450 contacts with clients and providers.
- 89% Health Check . participation ratio ; one of the highest in the State

Debbie Wyatt

Program Manager



## INFORMATION SYSTEMS

Chris Cowan and Bill Coffey administer the "IT" branch of the health department. IT supports all departmental computer and communication operations. This unit is critically important for billing, communications via email and telephone and implementing applications that streamline our access to data. Chris and Bill ensure that our computer network remains secure and functional by supporting over 180 PCs. They provide security and protection from the constant assault of viruses and spyware that can cripple a network or individual PC. Thanks to them we have experienced no interruption of IT operations.

Notable achievements for this year include:

- Obtaining \$30,000 in grant funding for the purchase of 22 new computers for the WIC program
- Planning and implementing an expansion of the health department network. This project insures that every office in the health department has IT access
- Implementation of Voice over IP phone system at the health department and through-out Wayne County government
- Switching our access to the state Health Services Information System from a "land line" to access through the internet which saves the taxpayer \$300 per month
- Staff training for several applications such as the Visual Pharmacy program and Dell hand held GPS units
- Implementing a secure in-house email system that is HIPAA compliant
- Continually update and modified various in-house database applications that are used to track client history

Chris Cowan  
Information Technology





# COMMUNICABLE DISEASE



The Communicable Disease Program prevents the spread of infectious disease by providing screening, treatment, investigation, education and disease surveillance. The program has four areas of concentration: Sexually Transmitted Diseases (STD), Tuberculosis Control (TB), Immunizations and General Communicable Diseases (CD).

## Tuberculosis Control Program (TB)

- 9,519 vaccines were given to children and adults.
- Diagnosed 9 new cases of active TB for 2004. Medication lab services, chest x-rays, and contact investigation provided at no charge
- 2,126 TB skin tests were given.

## Immunization Program

- 86 sixth graders were vaccinated against Hepatitis B.
- 3,488 citizens received influenza vaccines.
- 137 citizens received pneumonia vaccines.
- 93% of two year olds in Wayne County have been immunized for vaccine preventable diseases.
- Immunizations participate in the federal Vaccine for Children (VFC) program and vaccines are provided to children at no cost.
- Member of WAGES Health Advisory Committee

## Sexually Transmitted Disease (STD) Program

- 2,354 confidential HIV tests performed.
- Testing, treatment, counseling, education are provided at no charge.
- Member of Wayne County AIDS Task Force

## General Communicable Disease (CD) provides:

- Notification to the public of their risk for communicable diseases
- Control measures to prevent the spread of the diseases
- Investigation of reportable communicable disease and outbreaks
- Prevention education and information to community groups, schools and other health care agencies

Josa Raynor-Vaughn, RN  
Program Manager

## MATERNITY

Making sure that unborn citizens of Wayne County have the best prenatal care possible is the mission of the health department's maternity clinic. Wanda Westbrook, RN supervises the maternity clinic which includes 2 nurse practitioners and 8 nurses. Patient visits to the maternity clinic have averaged over 600 per month during 2005. During these visits pregnant women receive counseling, a physical exam and complete medical history, ultrasounds, non-stress tests, lab work, prenatal and nutritional education. Each client is assigned to a nurse from enrollment until two months after the baby is

delivered. An important goal for the maternity program is early entry into prenatal care and identification of mothers who may be at risk due to social, health or economic conditions. The health department plays a critically important role in ensuring healthy babies since many prenatal patients cannot afford care from a private doctor. Accomplishments for 2005:

- Managed the prenatal care for 670 births.

This represents 40% of the total births in Wayne County

- Clinic visits averaged over 7,240.
  - Provided over 560 postpartum home visits
  - Performed 485 non-stress tests
  - Performed 406 ultrasounds
  - Averaged 740 lab tests per month
- Wanda Westbrook, RN  
Program Manager



## MATERNITY CARE COORDINATION

North Carolina's infant mortality rate continues to be one of the worst in the nation. Adolescent and unmarried women are more likely to have poor birth outcomes. Early and consistent use of prenatal care provides early identification of high-risk concerns, improves birth outcomes and decreases low-weight births and infant mortality.

The Maternal Care Coordination (MCC) program, known as Baby Love, is a state program designed to assist eligible clients to access prenatal care services and related

social services. MCC is a special case management program that focuses on pregnant women and their needs, with emphasis on substance abuse, domestic violence, and attendance at school or employment. Their goal is to reduce infant mortality and improve the

health status of women and their newborns.

These social workers have:

- provided 2,683 case management services year-to-date
- administered over 600 HIV tests
- interviewed 707 clients and enrolled 472 into the Baby Love Program

MCC participants make more prenatal visits and get well-care visits for their infants at a much higher rate than non-MCC clients.

Debbie Wyatt  
Program Manager



## FAMILY PLANNING

The mission of the Family Planning clinic is to reduce unintended births. During 2004, 737 births in Wayne County, or 42%, were out of wedlock. Clients are provided education and counseling to allow personal selection of birth control methods. All services provided are confidential.

Permanent sterilization and counseling referrals are also offered to males and females in accordance with state and federal guidelines and clients who meet funding criteria.

The Family Planning Staff encourages preventive health practices to decrease disease including Human Immunodeficiency Disease (HIV) and sexually transmitted diseases (STD). Referral and follow-up for medical conditions are made to local physicians as needed. Currently, case management is being provided to 300 clients with abnormal pap history to assure adequate follow-up.

Clinic Visits	5,300
Physical Exams	3,000
New Clients	500

### Birth Control Methods Utilized:

Oral Contraceptive Pill Packs	2,229
Depo Provera Injections	2,139
Intrauterine Devices	40
Foam and Condoms	500
Diaphragms	6
Permanent Sterilizations	16
Emergency Contraceptives	22
13 clients chose abstinence as their method choice	

Steve Anderson, RN  
Program Manager



## LABORATORY



The laboratory supports all of the health department clinics by providing analysis of various patient samples. During calendar year 2005, over 56,000 screening and diagnostic tests were conducted to assist clinical staff with diagnosis and patient management.

During this year, the laboratory has expanded its operation to include a location on the third floor of the health department which is convenient to family planning, BCCCP and communicable disease patients. Ann McKenzie, the laboratory supervisor, is recognized as a leader in public health quality assessment. She was a presenter this year at the American Society for Clinical Pathology national convention in Chicago and also won the Eastern District NCPHA Laboratorian of the Year award.

### Accomplishments for 2005:

- Received grant funds from the National Highway Traffic Safety Administration to collect specimens for blood alcohol testing of suspected drunk drivers
- Researched and adopted alternative methods for lab operations which is estimated to save the county \$6,000 this coming year
- Provided consultation to several agencies in Wayne County in addition to other health departments
- Served as a preceptor for community college phlebotomy students

Ann McKenzie  
Program Manager

## NUTRITION

The goal of the Nutrition Program at the Wayne County Health Department is to improve the nutritional status of the residents of Wayne County through the prevention and treatment of potential medical-nutrition related problems. A primary focus includes educating and counseling women about nutrition during and after pregnancy to decrease the incidences of low birth weight infants, infant mortality, and high-risk pregnancies.

The Nutrition Program provides nutrition assessments and counseling, breastfeeding support, nutrition education services, clerical support and food instrument issuances for the Women, Infants and Children Program (WIC), a Special Supplemental Nutrition Program.

The WIC Program serves over 4000 Wayne County residents monthly. This program provides nutritious foods to

active participants monthly. These participants redeem their food vouchers at participating vendors. The WIC Program has 27 vendors who participate which brings in approximately \$2.7 million dollars per year to our local economy. Each WIC dollar spent on a pregnant woman saves North Carolina over \$3 in medical costs.

The Wayne County Health Department Nutrition Program is committed to promoting breastfeeding as the optimal source of nutrition for infants. Weekly infant feeding classes focusing on the advantages and techniques of breastfeeding are available to all interested Wayne County residents. Manual and electrical breast pumps are distributed to Women participating in the WIC Program upon request.

The nutrition staff also provides services to other clinics including Child Health,

Orthopedic, Maternal Health, Family Planning and Immunizations. WIC helped maintain an immunization rate of 97%, Medical Nutrition Therapy sessions are provided to Wayne County residents for a number of medical conditions requiring in-depth nutrition assessment counseling and follow-up. Some of these conditions may include: failure to thrive, lead poisoning, anemia, diabetes, obesity and other medical conditions. The Nutrition Program also provides counseling by a Registered Dietitian to six Wayne County Public Schools who administers the school base health centers. The nutrition staff also provides counseling for children participating at the Goldsboro YMCA Program. More than 250 Medical Nutrition Therapy contacts are expected annually.

Jenny Sharpless, RD  
Program Manager





## ENVIRONMENTAL HEALTH

The Division of Environmental Health promotes and protects the safety of the citizens of Wayne County through environmental regulation, inspection, investigation, and education of the public in the areas of food protection, private septic systems and wells, recreational waters, indoor air quality, and other environmental programs.

In 2004 the division averaged 99 monthly requests for site evaluation for subsurface waste water systems.

To help with the prevention of food borne illnesses and

communicable diseases, the Environmental Health Division made over 2400 consultative encounters and visits to food, lodging and institutional facilities, swimming pools, and tattoo parlors for health law compliance.

The division analyzed approximately 59 water samples and conducted 22 lead investigations for children determined at risk by the state guidelines.

The Golden A Award was established to recognize foodhandling facilities for maintaining a sanitation score of 95% or higher for all quarterly inspections in

the previous calendar year. There were 167 foodhandling facilities receiving the third annual award.

Environmental Health provides services to ensure the environment and safety of the citizens of Wayne County in accordance with state and county laws and regulations.

The division also provides information or referrals on various environment issues to the citizens of Wayne County.

Kevin Whitley, RS  
Program Manager



## HEALTH EDUCATION & PROMOTION

The purpose of Health Education and Promotion is to create positive changes in personal behaviors as well as changes in organizational and community policies that benefit the health of Wayne County residents. Over the last year, Health Education and Promotion staff has reached over 9,000 Wayne County residents.

The Wayne County Health Education and Promotion section targets adolescent health issues, mainly teen pregnancy prevention and lifestyle issues involving physical activity, nutrition and tobacco use. Additional services include prenatal education, community assessment and media coordination.

Teen pregnancy is a problem that resulted in 668 births to teenage women during 2001 to 2003 in Wayne County. More than 80% of these births were out-of-wedlock. Health Education staff from the health

department provide teen pregnancy prevention education in local schools and the community. Additionally, one-on-one counseling is provided to youth identified with high- risk behaviors.

Lifestyle issues are a concern because of the increasing rates of obesity, especially among children. Many preventable deaths are attributable to poor dietary habits as well as smoking. The Health Promotion program has worked with local schools and the community to address these issues.

Notable achievements are:

- The completion of a comprehensive community assessment that is accessible at: <http://www.waynegov.com/departments/health/cha.asp>
- The development of a webpage for teens available at: [www.wayneteens.com](http://www.wayneteens.com)
- Expansion of the

abstinence essay contest to include \$2,000 in prizes

- Expansion of employee wellness program for Wayne County employees
- Implementation of a skim and 1% milk policy in the school system that reduces daily fat intake for children
- Replacement of high fat and sugar snacks with healthy alternatives in school vending machines
- 8<sup>th</sup> successful year of coordinating annual Kids' Fest, a community collaborative celebrating October as Child Health Month

Carolyn King  
Program Manager



2005 Winners of the Abstinence Essay Contest



## DENTAL CLINIC



The dental clinic was established in 2000 in response to increasing numbers of pre-school and kindergarten children with rampant tooth decay. Funded by the Kate B. Reynolds Grant, the aims of the dental clinic are to promote good oral hygiene, prevent dental caries and gum disease, and treat area residents who currently suffer from dental disease.

The dental clinic staff believes that good oral health care stems from patient education. At the initial visit, each patient is instructed on proper brushing and flossing methods. Literature,

toothbrushes, toothpaste and floss are given to encourage daily maintenance. Annual articles are placed in the *Goldsboro News Argus* newspaper that provide information on common dental maladies and their treatment protocols. The dental clinic also advertises monthly in the *Good News Gazette* newspaper.

The clinic is staffed with one dentist, one dental hygienist, two dental assistants and one processing assistant. They deliver care to 30 patients a day including children, adults and pregnant patients in the

second and third trimesters. The dental clinic provides comprehensive treatment such as exams, cleanings, periodontal disease treatments, extractions, fillings, root canals and dentures.

This year the health department said good-bye to Dr. Veronica Taylor who had been with the clinic for 2 1/2 years. Fortunately, we were able to hire Dr. Tiffney Harper who came on board September of this year.

Tiffney Harper  
Dentist

## WISEWOMAN PROJECT

Fiscal year 2003-2004 provided Wayne County residents with a new program at the Health Department. The WiseWoman Project, funded with monies from the Center for Disease Control (CDC), was established as a sister program to the Breast and Cervical Cancer Control Program (BCCCP). WiseWoman has the same eligibility requirements as BCCCP.

Women in the BCCCP receive cholesterol screening, education and follow up to assist women to be more heart healthy.

The first year we had 117 participants, mostly 50 to 64 year old participants in the BCCCP. Many of the clients made great strides in lowering their blood pressure, cholesterol levels, and weight. Elevations in blood pressure and cholesterol were referred to

Wayne Action Team with Community Health. Women who lost weight through this program, their names were put into a drawing for a \$50 Walmart certificate.

(W.A.T.C.H.) or a personal physician of their choice. By utilizing the W.A.T.C.H. mobile unit, clients were linked with providers to obtain their medications.

Nan Sentz-Foy, RN  
Program Manager

## BREAST AND CERVICAL CANCER CONTROL PROGRAM

The BCCCP provides screening for breast, cervical, colon, and oral cancer to eligible women in Wayne County. Funding for this program is directly from the state. To qualify for this program, women must have income no greater than 200% of poverty level for her family size, must not have Medicaid or Medicare Part B, or health insurance that covers the services offered. These services were provided to 322 ladies in Wayne County from July 2003 to June 2004. The targeted population for screening was ladies from ages 18-64 with a strong

focus on those 50-64 years old or who had never had a mammogram or pap smear or had not been screened in many years. Abnormal screenings were referred to area physicians for further evaluation and follow-up. Non-breast or cervical problems identified at the time of their appointment were also referred to area physicians and the W.A.T.C.H. Mobile Unit for follow-up.

Several program presentations were done at area churches and civic organizations with regard to breast and cervical cancer

screening and treatment. The staff of the Wayne County BCCCP provided information at health fairs in the public and private sector and several articles were published in the *Goldsboro News Argus* during FY 2003-2004.

The Pink Ribbon Campaign was observed in the month of October with more than 2,000 pink ribbons being provided throughout the county.

Nan Sentz-Foy, RN  
Program Manager





Area Code 919

Main Number—731-1000	W.I.C. Office—731-1276
Appointment Desk—731-1005	W.I.C. Satellite—731-1680
Health Director—731-1302	Mt. Olive
Dental Clinic—580-4050	W.I.C. Satellite—705-1779
Environmental Health—731-1174	Seymour Johnson
AFB	