



Employee Wellness Counts!

Newsletter: August 2021



August is Immunization Awareness Month

August is National Immunization Awareness Month (NIAM). This annual observance highlights the importance of getting recommended vaccines throughout your life. You have the power to protect yourself and your family against serious diseases like whooping cough, cancers caused by HPV, pneumonia and COVID-19 through on-time vaccination.

During NIAM, Wayne UNC Healthcare and your Employee Wellness Clinic encourages you talk to your doctor, nurse, or other healthcare professional to ensure you and your family are up to date on recommended vaccines.

We also encourage you to visit CDC's [Interactive Vaccine Guide](#), which provides information on the vaccines recommended during pregnancy and throughout your child's life.



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Upcoming Events

August/September 2021: Employee biometric screenings

Schedule your appointment online today

<https://www.signupgenius.com/>

Adult Vaccination

- While many serious diseases are no longer common in the United States thanks to vaccines, these diseases still exist and can spread when people aren't vaccinated. Even if you received the vaccines you needed as a child, the protection from some vaccines can wear off. You may also be at risk for other diseases due to your job, lifestyle, travel, or health conditions. Find out what [vaccines you may need](#) based on different risk factors.

Every year thousands of adults in the U.S. become seriously ill and are hospitalized because of diseases that vaccines can help prevent. Many adults even die from these diseases. By getting vaccinated, you can help protect yourself and your family from serious, sometimes deadly, diseases.

COVID vaccine is available now at the Wayne County Health Department, with pre-registration advised but not required at <https://www.waynegov.com/1103/Schedule-an-Appointment>

For Wayne County Employees ONLY, contact Adam Wolfe at 919-921-1916 before going to the Health Department.

Childhood/Adolescent Vaccination

- Some vaccine-preventable diseases, like chickenpox and pertussis (whooping cough), remain common in the United States. Since 2010, CDC sees between 10,000 and 50,000 cases of whooping cough each year in the United States. Most of the deaths each year are in young babies.
- Some diseases are no longer common in this country because of vaccination. However, if we stopped vaccinating, the few cases we have in the United States could very quickly become tens or hundreds of thousands of cases. The 2019 measles outbreaks are a key reminder of how quickly diseases can spread when children aren't vaccinated.

Some infections that are prevented by preteen vaccines, like HPV, can lead to serious health problems later in life. Over 34,000 men and women in the United States are diagnosed with cancers caused by HPV each year.



Reference: CDC Website